

# PHYSICAL EDUCATION PEO2060Y1 INTERNAL ASSESSMENT ACTIVITY

#### ACHIEVEMENT STANDARD 91330 (VERSION 3) PHYSICAL EDUCATION 2.4

**Perform a physical activity in an applied setting** Level 2, Internal assessment

4 credits

## STUDENT INSTRUCTIONS

#### **Overview:**

This assessment is based on your physical performance. The level of achievement, merit and excellence will be awarded according to your final performance. The better you perform the higher your grade. You are required to perform a physical activity in an applied setting.

NB: Consider safety at all times.

#### **Conditions:**

- This must be entirely your own work.
- You must not directly copy work from any source, and any sources you use must be referenced.
- Your supervisor must be present for at least part of the time that you carry out this work.
- Plagiarism detection software may be used to check this is your own work.

#### You will need:

• a video camera is required to record yourself performing your chosen physical activity or you may perform your physical activity at a Te Kura school event.

#### Supervisor requirements

A supervisor must be present at specified times for this assessment. You must provide the full name of the supervisor and their relationship to you (e.g. parent, teacher, teacher aide etc.) when you upload your assessment to the PEO2060Y1 OTLE assessment dropbox.



# ASSESSMENT CRITERIA

# ACHIEVEMENT STANDARD 91330 (VERSION 3) PHYSICAL EDUCATION 2.4 Perform a physical activity in an applied setting

Achievement	Achievement with Merit	Achievement with Excellence				
Perform a physical activity in an applied setting.	Perform a physical activity to a high level in an applied setting.	Perform a physical activity to an outstanding level in an applied setting.				

The following descriptions will inform you of the requirements for an Achieved, Merit or Excellence in this standard.

#### ACHIEVEMENT LEVEL:

The student demonstrates a sufficient level of performance in the elements and skills of the activity to enable full participation.

This means that the student demonstrates all of the points shown in the rubric at this level, or point's equivalent to that shown in the rubric.

## ACHIEVEMENT WITH MERIT LEVEL:

The student performs a physical activity with a high level of success, and consistently and effectively demonstrates a wide range of required skills.

This means that the student demonstrates all of the points shown in the rubric at this level, or points equivalent to that shown in the rubric.

# ACHIEVEMENT WITH EXCELLENCE LEVEL:

The student performs a physical activity at a specialist level of success, and consistently, effectively, and confidently demonstrates a comprehensive range of skills.

This means that the student demonstrates all of the points shown in the rubric at this level, or points equivalent to that shown in the rubric.

**An applied setting** could include: tournament games or modified games; competition games; festivals or events; performance in an appropriate outdoor environment for outdoor activities/ pursuits.

Applied setting requires that the physical performance skills are demonstrated in an authentic setting, such as during a game in the appropriate environment or in a competitive situation. You are required to demonstrate quality movement in a physical activity in an applied setting. To do this, you will need to consider how quality performance might look, sound and feel.

Your performance in the physical activity will be assessed against key skills associated with the physical activity chosen. These key skills help to define and measure progress and performance toward performance levels. To see what level of performance you can achieve we need to design a rubric to measure your progress.

# ASSESSMENT ACTIVITY PHYSICAL EDUCATION

# INSTRUCTIONS

- Read the questions carefully and write your answers in the spaces provided.
- Assemble all the materials and tools required.
- Your supervisor must be present to observe you and complete the supervisor sheet.
- Fill in your name and student ID on the new file.
- Your teacher will be able to provide feedback after checkpoint 1.

# TASK 1

## PARTICIPATE IN YOUR PHYSICAL ACTIVITY

You should have already chosen a physical activity to participate in.

- 1. Participate in the chosen physical activity. **Remember you will need to video this** performance or you may perform your physical activity at a Te Kura school event. If you don't do as well as you want you can do some practice and video another performance.
- 2. After participating in the physical activity, self-assess your performance according to the criteria outlined in your physical activity performance rubric. Indicate what level you believe your performance was at, and provide a date. A peer will also assess your performance using the same criteria.
- 3. If you are happy with the performance and outcome upload the **completed rubric and the video** of your performance into the PEO2060Y1 dropbox for your teacher to assess.
- 4. Remember to upload any supporting evidence.

# **TASK 1 CHECKLIST**

Tick the boxes once you have completed the corresponding tasks.

- Choose a physical activity and completed Task 1.
- Understood the rubric with the KPGs relating to my physical activity.
- Found a peer to help me assess my KPGs.
- Performed physical activity, made a video recording of it.
- Uploaded the rubric of my initial performance and video recording to the PEO2060Y1 dropbox.

If you are happy with the outcome, you have completed your PEO2060Y1 assessment task.

If you are not happy with the outcome, complete Task 2 (practice your activity) and use the KPGs identified to improve your performance and then complete Task 3.

# TASK 2

# PRACTICE

Practise your chosen physical activity. Consider the KPGs in your rubric before, during, and after your participation.

Use the Resource 1: Performance Rubric and Key Performance Goals (KPGs) on the next page to write up your KPGs, then record your results on the following page using the Resource 1: Observations Sheet for Performance.

Ask a peer to assess you again. This will help you to see how you have improved. You can also make any changes so that you know you are working towards a quality performance.

Once you have practiced and feel ready to do your final performance complete Task 3.

# **RESOURCE 1**

# PERFORMANCE RUBRIC AND KEY PERFORMANCE GOALS (KPGS)

Student name: \_\_\_\_\_ Physical activity: \_\_\_\_\_

Skill Activity Category	Performance Goal
	A
1	В
	С
	A
2	В
	С
	A
3	В
	C
	A
4	В
	C

ASSESSMENT RESOURCES

# **OBSERVATIONS SHEET FOR PERFORMANCE**

	Date	:	Date:													
Skill Activity	Practice period								Final performance							
Category	Self-assessment			Peer assessment			Self-assessment				Peer assessment					
KPG NA A M E		NA	A	м	E	NA	A	м	E	NA	Α	м	E			
1																
2																
3																
4																

# TASK 3

#### PARTICIPATE IN A FINAL PERFORMANCE

Participate in a final performance of the physical activity in an **applied setting** (game setting).

Your performance in relation to each of the key skills in your rubric will contribute towards your final achievement grade. Think about how you have learnt skills and see how this can improve your skill acquisition in your chosen physical activity.

# You will need to video this final performance or you may perform your physical activity at a Te Kura school event.

Participate in the chosen physical activity.

- 1. Complete the **Final performance self-assessment** column in Resource 1: Observations Sheet for Performance according to the criteria outlined in your physical activity rubric. Write the date of your performance, and indicate what level you believe your performance was at.
- Ask your peer to assess your final performance using the same criteria in the Final performance peer review column in Resource 1: Observations Sheet for Performance. Your peer's assessment will provide further evidence of your performance.
- 3. Upload the completed tasks with supporting evidence and the video to the PEO2060Y1 OTLE assessment dropbox.

# **FINAL CHECKLIST**

Upload the following to your teacher for assessment:

Your final performance video.

The peer and self-assessment sheet for each stage of the assessment (practice period and final performance).

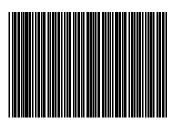
The rubric, observation sheets and video recording.

Supporting evidence (if any).



Reminder: Upload the rubric, observation sheets, video recording and supporting evidence (if any) as a zipped file to the PEO2060Y1 OTLE assessment dropbox.

# PE02060Y1



STU	STUDENTS - PLACE STUDENT ADDRESS LABEL BELOW OR WRITE IN YOUR DETAILS.					
Full Name						
ID No.						
Address (If changed) <sup>—</sup>						